

Friday 31st March 2017

Next Week: Week 1

HOUSE POINTS

AIR	EARTH	FIRE	WATER
70,911	73,625	69,721	72,476

HEADS OF SCHOOL

After the excitement of last week's ASPIRE day and Comic Relief events, students came back down to earth with exams across both sites. Year 7 experienced formal examinations for the first time in secondary school. Whereas Year 11, the old stagers, sat papers in both English and maths in continued preparation for their GCSEs this summer.

That is not to say there were not exciting events held during this week. On Wednesday, students enjoyed experimenting with rocket cars on the Cherbourg campus and several Year 7s had the opportunity to participate in Chemistry masterclasses at The University of Southampton. Some students were a little tired after the school trip to see the Lion King in London on Thursday night, but were in lessons regardless on Friday morning ready to learn!

Please remember we now have displays of the new school uniform available to view in the reception of both campuses.

We hope you have a great weekend.

Tim Nash
Head of School (Cherbourg Campus)
tim.nash@crestwood.hants.sch.uk

Steve Gibbs
Head of School (Shakespeare Campus)
steve.gibbs@crestwood.hants.sch.uk

Revision Sessions



YEAR 11 REVISION NIGHTS

5-9pm
Open to all Year 11 Students
Shakespeare and Cherbourg Campuses

Space to revise
Computers free to use
Teaching staff on hand to assist

FREE FOOD

Every Monday on the Cherbourg Campus (starting 9th January)

Every Wednesday and Thursday on the Shakespeare Campus (starting 11th January)

Reviewed again after half term

Sport Results

Girls Football

Dear Mrs Dawkins

Congratulations – Hampshire School Games 2017

On behalf of the Hampshire & IOW Local Organising Committee I would like to offer my congratulations to your school on qualifying to represent your area at the **HAMPSHIRE SCHOOL GAMES 2017 in Year 7/8 Girls Football**.

The games will take place in Aldershot on FRIDAY 30 JUNE. Your local School Games Organiser (SGO) will provide you with all the information you require regarding competing at this event in due course. In the meantime some more information is available at www.energiseme.org/news-events-courses/hampshire-school-games

Well done and we look forward to welcoming you to Aldershot.

Yours sincerely



Anna Dawson
Hampshire & IOW LOC Chair
Head Teacher – Samuel Cody Specialist Sports College

Comic Relief

Thanks to all the students who have collected and handed in their sponsorship money already. Please can students do their very best to collect their's in and pay it into the school office by next Friday.

We would like to say a huge thank you to Fleming Park for providing the pool free of charge during last week's Comic Relief Triathlon. Your support is much appreciated!

Thank you very much



Careers

Year 11 Careers

College Application Deadlines for 2017/18

Brockenhurst College 31st March (*online or download form*)

Fareham College ASAP (*online or download form*)

CEMAST ASAP (*online or download form*)

Sparsholt College ASAP Online (*online or call 01962 776441 for a form*)

Southampton City College ASAP (*online*)

Itchen College ASAP (*online or download form*)

Richard Taunton College ASAP (*online or download form*)

Careers interviews for Tuesday 4th April for Shakespeare Campus

Please send them to the careers room in Maths block.

9.00	Lauren Blake
9.50	Ellena Graham
10.40	Navjot Sohpaal
12.05	Hayden Reynard
12.40	Jordan Emery

Careers interviews for Wednesday 5th April for Shakespeare Campus

Please send them to the careers room in Maths block.

9.00	Elise Morris
9.50	Amy Pettitt
10.40	Tyler Simmonds
12.05	Gareth Chandler
12.40	Nathan McCarthy

Library Opening Hours for both Campuses

Monday to Thursday	8:00am to 4:00pm	Homework Club: 2:50pm-4:00pm
Friday	8:00am to 3.30pm	Homework Club: 2.50pm-3:30pm

Science News

Some time ago we selected four of our top Year 7 scientists to go on a reward trip to Southampton University's Chemistry department; two of the students were the top scientists from Shakespeare campus and two were the top scientists from Cherbourg campus. The 4 young scientists were presented with a series of activities which included forensic science and chemical problem solving. The students were then treated to a series of demonstrations by Soton' university's chemistry staff.

On Wednesday Crestwood College science department was proud to host the Bloodhound "Race for the Line" competition. This was a rescheduled event from earlier this month as it was cancelled due to bad weather. As part of the Bloodhound 1000mph car British land speed record attempt the participants were challenged to take a polystyrene block and shape it into a supercar design that could have real rockets placed into them.

Soldiers from the army came and took charge of safely launching the rockets up a track that had timing gates and other data collection devices. Teams from other schools came and raced their cars in an exciting competition that challenge students' aerodynamic design skills. The fastest official Crestwood rocket car of the day was designed by Year 8 student, Tai Goddard. The fastest car of the day a was designed by a student from Applemore Technology College, Dibden Purlieu. The other schools in the race were evenly matched in a tight competition. A grand day was had by all and we are thankful to the Army for helping us out.

The science club biology investigation of the woods behind the building revealed more frog spawn. We hope they will leave the pond soon as the recent dryer weather has caused some shrinkage in the pond size. The students found a number of other small insects and took them indoors for microscopy. The most interesting find of the day was a number of caddis fly larvae which were able to be

observed coming in and out of their self made leaf burrows. The habitat continues to throw up new surprises on every investigation.

Some of our other science club attendees have begun to make plans to build a robot. We are all looking forward to seeing how this turns out.

Home Link Worker

Theresa Holman, Home School Link Worker, has changed her work mobile number, the new number to ring for parent support and to enrol on parenting programmes is 07388376789

Walk All Over Cancer

There's still time. .

'walking all over cancer'

So far Mrs Leach and Ms Metcalfe have completed our target of **620,000** steps in march, this is to raise money for Cancer Research UK.

However there is still time to donate, and the money we raise will have a huge impact on our fight against cancer.

To help sponsor us please donate to our just giving page..

<https://fundraise.cancerresearchuk.org/page/angie-leach>

or our sponsor forms which can be found in the staff rooms and reception of both sites.

If every student and staff member were to donate just £1, we could easily raise £500 which would be absolutely amazing!

So please help us to raise money and beat cancer together!

Thanks

Mrs Leach and Ms Metcalfe.

Crestwood Big Pedal

Crestwood Big Pedal 27th March - 7th April 2017

To try and encourage students to become more active we are taking part in the Big Pedal 2017. If students Cycle or Scoot into school over the next two weeks they will receive 10 epraise points per day. The Bike Team will be on the gate recording names of students taking part. Please can you remind your child about staying safe on the roads and pavements.

Mrs Goodridge



Big Pedal 2017 - Good Luck!

Dear School,

Get your bikes and scooters ready as The Big Pedal starts next week!

Joanna Rowsell Shand has sent a good luck message to all the schools taking part over the next two weeks. Visit our [homepage](#) to view the video and share it with your pupils.

If you haven't done so already, make sure you log in to your homepage before the 20 March to set your classes/school up on the system and familiarise yourself with the website.

Finally, good luck to you all from everyone here at Sustrans and The Big Pedal team.

For more information please email The Big Pedal team at thebigpedal@sustrans.org.uk or visit our [website](#).

See you at the start line!

The Big Pedal Team

Talking Teens New Dates

Dear Parent/Carers,

Re: INVITATION

We are running a Teen Triple P Group on the Shakespeare Campus, starting with a sign up session on Wednesday 18th January 2017 between 6pm to 8pm.

Please come along to find out more about the programme and to sign up for the sessions. The Teen Triple P is a programme that is suitable for all parents of teenagers and it will build on the skills that parents already have. It will give strategies for managing behaviour and help parents to increase their support network. We look forward to welcoming you

To book a place please ring: Theresa Holman, Home School Link Worker, 02380 641232 or email theresa.holman@crestwood.hants.sch.uk

What is Talking Teens?

Teenagers are rewarding, stimulating and fun, but being a parent of one can be stressful and challenging.

The Talking Teens Parent Group helps deal with those challenges so you can have a calmer, happier family life.

A tried and tested Programme, it helps us think about what we do, why we do it and how it makes us feel and looks at questions that many parents have, like:

How can I stop my child always getting the last word?

Why do they always sleep in so late?

Can I do anything to help them argue less?

What's normal?

Why don't they want to tell me how they're feeling?

How the Talking Teens Parent Group has helped other parents

"I realised that you're really needed as a parent even if your teenager behaves otherwise"

"I'm doing a better job than I thought I was"

"I like the time for discussion during the sessions"

"It has been really interesting and informative, both leaders great and lovely approach, felt very relaxed"



check out familylinks.org.uk/parents

Inside every teenager is a child and an adult

The Four Sessions

- 1: Being a parent of a teenager; The role of parents for teenagers; Responding to difficult feelings
- 2: Understanding your teenager; Understanding teenage development; Parenting styles, Praise and criticism
- 3: Communicating with your teenager; Talking and listening; Communicating clearly; Handling difficult issues
- 4: Managing conflict; Rules and boundaries; Choosing how to respond; Problem solving

The Nurturing Programme Talking Teens Parent Group

Where:
Crestwood College-Shakespeare Campus
Shakespeare Road, Eastleigh, So504FZ.

When:
Starts -Week 1 -Wednesday 16th November
Week 2 - 23rd November,
Week 3 - 30th November,
Week 4 - 7th December 2016
Time: 6.15 - 8.15

contact details:
Theresa Holman-Home School Link Worker
02380641232
Paula Andrews - Community Nursery Nurse

Family Links

familylinks.org.uk
Charity no. 1062612

Practical information

There are four 2-hour sessions over four weeks

10-20 parents are invited and there are two Family Links trained group leaders

Partners are welcome and it's also fine to come on your own or with another relative or friend

you'll get the most out of the programme if you come to all four sessions.

It's not what you say; it's what they hear

Family Links

Talking Teens Parent Group

Information for parents and carers



Community



Fitness Suite opening times are:

Monday	07:00 – 10:00 then 15:00 – 22:00
Tuesday	07:00 – 10:00 then 15:00 – 22:00
Wednesday	07:00 – 10:00 then 15:00 – 22:00
Thursday	15:00 – 22:00
Friday	12:00 – 22:00
Saturday	09:00 – 16:00
Sunday	10:00 – 17:00

*Open Bank Holiday Monday 15:00 – 22:00
(*not including Christmas Day, Boxing Day and Easter Sunday)

Prices

Full Membership £25 per month

Corporate Membership* £15 per month

Casual membership £15 joining fee

Casual Session £2 off Peak, £4 Peak (post 6pm)

*Corporate Membership applies to HCC and NHS staff only
other corporate membership only as agreed with Crestwood College

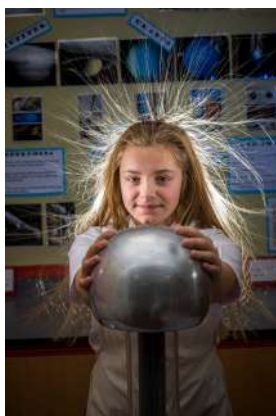
First Month Free if you quote CW2016

Come in and see the school in action

If you would still like to come and see the school in action. Please contact:

justine.sayers@crestwood.hants.sch.uk

02380641232



Top Tutor groups

1. 8cCHK (15112)
2. 8sLGH (14618)
3. 7cKTL (11729)
4. 7sKBN (10639)
5. 8cECY (9831)
6. 9cJHK (9477)
7. 8cBVS (9371)
8. 8sOHN (9229)
9. 10cSCL (8758)
10. 11cPCN (7990)

Top students

1. Tara Larkin (11cPCN) (972)
2. Tom Wentworth (8cCHK) (967)
3. Megan Chatting (11sCRS) (914)
4. Joseph Chatting (8sLGH) (892)
5. James Read (8sLGH) (871)
6. Bethaney Marshall (11cPCN) (869)
7. Mia Smith (8cCHK) (813)
8. Joe Carter (8cCHK) (731)
9. Sameer Rahman (11cDGY) (708)
10. Molly Rowley (8cCHK) (706)

CANTEEN MENU

Monday:

Beef Lasagne, Vegetable Lasagne, Garlic dough balls & mixed salad, Berry cheesecake, Jacket & fillings

Tuesday:

Chicken & bacon fritatta, Vegetable fritatta, New potatoes crunchy slaw salad, Lemon drizzle & custard, Pasta pot

Wednesday:

Roast pork / crackling & apple sauce, Cauliflower cheese, Roast potatoes / broccoli / carrots, Apple pie & custard, Jacket & Filling

Thursday:

Chicken & mushroom pie, Quorn chicken & mushroom pie, Champ mash roasted mixed vegetables, Blueberry muffin & custard, Paninis

Friday:

Sliders, Jacket & Fillings

HOME COMMUNICATIONS

LETTER	YEAR GROUP(S)	LINK
After School Clubs	ALL	here
Safe School Travel	ALL	here

