



CRESTWOOD
COMMUNITY SCHOOL

JMN/JSS

4 June 2019

Dear Parents/Carers

As part of their personal, social, health and economic (PSHE) education lessons, Year 9 take part in a series of sex and relationship education (SRE) lessons. These focus mainly on explaining and preparing pupils for the physical and emotional changes associated with puberty. They also consider the changing nature of a range of relationships, including friendship, family relationships and intimate relationships.

The purpose of SRE at Crestwood is: to prepare pupils for the physical and emotional changes of growing up; to give them the knowledge and skills to make informed and healthy choices; to build their confidence and skills to deal with situations they may encounter; to help them to stay safe and know where and how to ask for help if needed. At times, carefully chosen external visitors and speakers may contribute to the programme. In these cases, lesson content will be agreed in advance and visitors will always be supervised by a member of school staff.

As part of this year's SRE, and delivered alongside the Science curriculum, students will have a short series of lessons which focus on sex and contraception. These will be delivered by their Science teachers in Science lessons, and tutors in the Wellbeing programme during tutor time. Students will learn how different forms of contraception are used and how they work to prevent pregnancy and sexually transmitted infections. It will also provide an opportunity to address misconceptions and allow for honest and important discussion about sexual health and reproduction.

We believe that this will be an important addition to the Year 9 SRE programme and appreciate your ongoing support with the delivery of high quality PSHE.

Yours sincerely

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