

Relationships (PSHE)

Living in the Wider World (PSHE)

Wellbeing (PSHE)

Citizenship

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y7	L 1	Teamwork School Expectations & KOs School Environment School Procedures Reflections	Moral Panic Internet Challenges Understanding Fraud Money Laundering Online bullying	Confidence & Negativity Healthy & Unhealthy Behaviour MH Symptoms & Treatments Accessing Support	Emergency Situations First Aid Recovery Position Local Health Services	Attraction Bodily autonomy Sharing Images Sharing Intimate Images	British Values Public & Private Services The NHS Community Involvement Income & Salary
	L 2	Peer Pressure Friendships Role Models Self esteem Confidence	Work Rights & Responsibilities Enterprise Lifelong Learning Email Etiquette	Criticism Resilience Puberty Personal Hygiene Sleep	Medication Exercise Body Image Fad Diets	Alcohol Smoking 'Legal' Highs Revision	Exam Etiquette EXAM WEEK Immunisation & Vaccination Mobile Phone Safety Budgeting
Y8	L 1	Moving On Puberty Hormones Body Hair Periods	Responsibilities Rights Strengths & Skills Being a Good Citizen Refugees & Immigration	Gambling The Gambling Industry Value For Money 3 Budgeting	Gangs Revision Exam Etiquette EXAM WEEK	Responsibilities at Home My Future & Goal Setting Career Types Options Choice	The UK Government Taxes Public Spending The Commonwealth The UN
	L 2	Peer Pressure Healthy Relationships Readiness Sexual Orientation Intimacy & Consent	Stereotypes Bullying Diversity Diversity & The Community Human Rights	Managing Unwanted Attention Group Think Managing Emotions Healthy Eating	Cardiovascular Health Dental Hygiene Antibiotics Exercise	Relationships & The Media Relationships & Expectations Safe Sex STIs & Contraception	Keeping Safe Online My Personal Data Data Exploitation Digital Footprint Echo Chambers
Y9	L 1	Self-esteem & Happiness Confidence Mental Health Depression Anxiety	Prejudice & Discrimination Personal Safety Extremism Radicalisation Social Media, Fake News	Stress Monitoring Health Lifestyle Choices Substance Misuse	My School Strengths My Plan My Future Ideas GCSE Options Process	Defibrillators Blood Donation Organ & Stem Cell Donation Diabetes	Democracy Electoral Systems Active Citizenship Separation of Powers Credit & Debit
	L 2	Relationships Healthy Relationships Relationship Changes Commitment Ending Relationships	Social Media Presence Cosmetic Surgery Body Image CPR Asthma	Illegal Drugs Drugs & My Future Habit, Addiction & Dependency Drugs, Alcohol & Crime	Revision Exam Etiquette EXAM WEEK Disability	Marriage & Civil Partnerships Domestic Abuse & Support Honour-based violence Divorce & Separation	Consent Purpose of Sex Healthy Sexual Behaviour Contraception Pornography = False Reality
Y 10	L 1	My Future Ethical Consumer Business Ethics Consumer Rights Consumerism	Work Experience Work Experience 2 Work Experience 3 Customer Service Corporate Image	Online Misogyny Consent & The Law Consent & Capacity Abuse in Teen Relationships	Bereavement Support Sex & The Media Sex & Virginity Revision - time management	EXAM WEEK EXAM WEEK STIs Contraception	Income Tax Driving & The Law Work Experience Expectations Health & Safety
	L 2	Cyberbullying Managing Unwanted Attention Exploitation 1 Exploitation 2 Revision - apps	Too Much Time Online Exam Etiquette EXAM WEEK Cyber security Being a Safe Pedestrian	Rail Safety Cosmetic Procedures Cancer Knives & The Law	Mental Health Treatment & Coping Strategies Long Term Mental Illness Accessing Support	Understanding UK Courts Making Laws Understanding UK Law Judicial System	False Allegations Body Shaming Homophobia
Y 11	L 1	Banking Digitally Edited Images Crowdsourcing Revision Exam Etiquette	EXAM WEEK EXAM WEEK Libel, slander, trolling Law around online bullying Persuasive design & misinformation	Handling exam stress Wellbeing during exams EXAM WEEK EXAM WEEK	Criminal Behaviour Orders Police The Law Abroad NATO		
	L 2	Grooming Love Bombing Stalking Pornography x 2	VR, AR, AI & Deep Learning Following security policies Bullying in the workplace Unions How do I know what job I want?	Unhealthy Coping Mechanisms Alcohol & Sobriety Vaping Energy drinks	International Law Diet & Cooking Skills Household Management Learning to drive		