



CRESTWOOD  
COMMUNITY SCHOOL

## PARENT BULLETIN

### WEEK BEGINNING MONDAY 17 MARCH 2025

#### Key Messages:

- **Week 1 Menu 1** [here](#)
- Join us for Red Nose Day on Friday, March 21st! We're having a non-uniform day for both staff and students. Please donate £1 or more to contribute to this important charity.
- Literacy and Numeracy Evening on Thursday 20th March at Cherbourg.
- There is a STEM Fair on Tuesday 18th March. This will be on Cherbourg in the morning and Shakespeare in the afternoon.
- Please, can we encourage children to stick to the rules around jewellery? One pair of stud earrings, a watch and a clear flat retainer for nose piercings are the only items allowed. We are having a zero-tolerance approach from Monday. Items will be confiscated, and parents will be expected to collect these items as they will not be returned to the students.
- There will be no afterschool clubs on Monday 17 March, including the homework club due to staff training.
- Over the Easter holidays Crestwood will be moving to a new Parent and Student App called Arbor. This system will be used for all communications including behaviour and attendance, as well as school lunch and trip payments. As a result of this change, Classcharts will be withdrawn from use at Easter and students will have until May half term to spend any accrued points in the online shop. Parents and Students will receive more information in the coming weeks including a guide on how to register and log into the new app.

#### REPORTING CHILD ABSENCE

- Just a reminder that we can no longer receive text messages or emails to [sc8504191a@schoolcomms.com](mailto:sc8504191a@schoolcomms.com), so please don't use these routes to report your child's absence. The preferred method for reporting your child's absence is on the ClassCharts app. Click on your child's name and select report absence. If you're struggling to access Classcharts, please email [attendance@crestwood.hants.sch.uk](mailto:attendance@crestwood.hants.sch.uk)
- Year 8 Parents' Evening has moved from the 27th February to the 15th May due to the Shrek production taking place in the same week.
- After School Reflections will now run 4 nights a week, Tuesday through Friday, 3 pm - 4 pm. Parents will receive notifications through ClassCharts.
- We have an email account to deal with inappropriate communications from parents. This includes social media posts, emails, phone calls and in-person conversations. Any communications that are not in line with our communication policy will not be responded to. We request that parents do not enter the premises aggressively as you may be banned from the site.

- For more information on our extracurricular activities, please visit ([here](#))
- Absence requests need to be made in writing via the Hampshire Holiday form. These are available from the school. Holidays will not be approved unless in **exceptional circumstances**. Where you have children across multiple schools we will liaise and make a joint decision. Any attendance that is below 90% cannot be approved.

## IT SUPPORT

If you require IT support, please contact our team via the website contact form. There is a drop down box for IT Support, as seen below.

<https://www.crestwood.hants.sch.uk/contact-us/>

The screenshot shows the Crestwood Community School website. The header includes the school logo and navigation links: Home, School Information, Students, Parents, Contact Us. Below the header is a large image of students in a classroom. The contact form includes tabs for 'Shakespeare Campus' and 'Cherbourg Campus'. The 'Shakespeare Campus' tab is active, showing contact details: Telephone (023) 80641232, Address Shakespeare Road, Eastleigh, Hampshire, SO50 4FZ. A 'Select a contact' dropdown menu is open, showing options: General Enquiries, Head of School, Head Teacher, IT Support (selected), Year 7 Leader, Year 8 Leader, Year 9 Leader, Year 10 Leader, Year 11 Leader, Head of English, Head of Science, Head of Maths.

**Key Dates:** Link to the school calendar: <https://www.crestwood.hants.sch.uk/school-information/calendar>

**A reminder of the extracurricular clubs this week:**

<https://www.crestwood.hants.sch.uk/assets/Letters/2024/Extra-Curricular-Clubs-Spring-1-2024.pdf>

**Letters sent home:**

[Letters Home - CRESTWOOD - COMMUNITY SCHOOL](#)

**Class Charts:**

[CRESTWOOD - COMMUNITY SCHOOL](#)

**Vacancies:**

<https://www.crestwood.hants.sch.uk/school-information/vacancies/>

**School Day:**

<https://www.crestwood.hants.sch.uk/school-information/school-day/>

**Homework Calendar:**

<https://www.classcharts.com/homework/calendar/Crestwood-Community-School>

**Online Payments:**

<https://www.scopay.com/login>

**Link to social media posts:**

More about all the activities occurring in and out of lessons at Crestwood can be found on our [Facebook page](#), [Twitter Feed](#), [Instagram Account](#) and [YouTube Channel](#). Reshares and likes are always appreciated.

**School Video:**

<https://www.youtube.com/watch?v=IYGODdpBdRE>

**Knowledge Organisers**

Knowledge Organisers for all subjects are available on our website. They are a very useful revision tool. They can be accessed via;

<https://www.crestwood.hants.sch.uk/Security/login?BackURL=%2Fstudents%2Fknowledgeorganisers%2Fknowledge-organisers%2F>

User name: knowledge

Password: Crestwood19

Try SORA our new reading app, in partnership with sls, by clicking the link below:

<https://soraapp.com/library/hampshiresls>

Borrow eBooks, Audiobooks and Magazines for **free** using your student credentials.

**Fake news, hoaxes and misinformation, NSPCC**

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/inappropriate-explicit-content/fake-news/>

**SHARE Checklist, GOV.UK – HM Government**

<https://sharechecklist.gov.uk>

**Link to mental health/parenting websites:**

[Kooth is an online platform to support young people with their wellbeing](#), where they can access free, safe anonymous support

111 Mental Health Triage Team, below is a youtube clip to explain what is and how it works

<https://www.youtube.com/watch?v=Ktfb0WXGpVI>

[On and around water - Hampshire & Isle of Wight Fire & Rescue Service, Official website of Hampshire & Isle of Wight Fire & Rescue Service \(hantsfire.gov.uk\)](#)

**SHOUT** - text 85258 for a free confidential text service open 24/7

[Parents and Carers - UK Safer Internet Centre](#)

[Parent Zone](#)

[CEOP Education](#)

[Reporting harmful content online](#)

[Childline, Online bullying](#)

**[PARENT ONLINE SAFETY](#)**

London Grid for Learning (LGfL) has released a new online resource aimed at helping schools to support parents around online safety. For adults with busy lives and various responsibilities, it is not always feasible to maintain a grasp on advancing technologies. Particularly when those technologies might not be aimed at their age demographic, but will be aimed at their children's age brackets. LGfL's presentation - Parent Online Safety: A Ready-to-use resource - aims to get parents familiar with topics such as social media, gaming, and online harm.

The presentation can be found here: <https://lgfl.net/safeguarding/parent-online-safety>

[Parental control software](#)



# Sleep Hygiene



Sleep hygiene refers to the habits we use to help us get into a good sleep routine. It means creating an ideal environment and routine that lets your brain drift off.

## Why is it important?

- **Physical Health:** Sleep helps your body repair itself and supports a healthy immune system.
- **Mental Health:** Quality sleep boosts mood, focus, and memory.
- **Academic Performance:** Adequate rest improves concentration and helps with learning.

You are more likely to have greasy hair and bad skin with poor sleep.

Not enough sleep means a weakened immune system.



## The Facts

Not enough sleep means you may struggle to concentrate and sit still.

Mood swings and anxiety can increase due to poor sleep.

Sleep more – remember more  
This could help during exam season.



# EASTER ATTENDANCE REWARDS



With  
**100%**  
Attendance



*From the 24th of February You could be in with a  
chance to win from the Following Prizes*

**2 Large Choc'tastic Easter Hampers**

**2 Runner up Chocolicious Easter  
Hampers**

**100 Creme Eggs**





# SLEEP CHALLENGE



01.

## Time

Make sure you start the week right by getting the right amount of sleep. Most people need between 7 and 9 hours to make sure their mind and body are functioning properly.



## Preparation

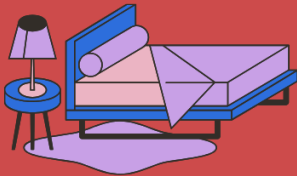
Make sure before going to bed you leave a couple hours between eating and sleeping. This means you will make the most of a good night's sleep.

02.

03.

## Recharge

Switch off to sleep. Blue light emitted from screens can cause a disruption to your circadian rhythm and affect how well you sleep. Make sure you switch off devices a little while before you go to bed.



## Environment

Your bedroom is all about sleep. Make sure you have everything you need for a good night's sleep. Keep it dark, cool and comfortable.

04.

05.

## Troubles and Worries

Stress and worry can cause difficulty sleeping. You could write worries down, do a calming activity or speak to someone to clear your mind. Easing your worries means better sleep.





If you do not follow the behaviour principles, this is what will happen:



# Opportunity 1

You will have a chance to correct your behaviour.

# Opportunity 2

You will have a final chance to put things right, Your teacher may move you to another seat, ask you to step outside or speak to you outside, or they may choose other options. That is the teacher's choice.

# Consequence

If you still fail to meet your teacher's expectations, there will be a consequence. If you have to be parked, you will automatically be in After School Reflection and your parents will be informed.



# Upcoming Events

FEB  
**14**  
*Valentines Day*

MARCH  
**04**  
*Pancake day*

MARCH  
**17**  
*St. Patrick's Day*

APRIL  
**01**  
*Easter*

MAY  
**16**  
*World Baking Day*

MAY  
**19**  
*Vegetarian Week*

JUNE  
**04**  
*National Cheese Day*

JULY  
**04**  
*Independance Day*

JULY  
**07**  
*World Chocolate Day*





CRESTWOOD COMMUNITY SCHOOL

# SUMMER FAIR

SAVE THE DATE

12th JULY 2025

SAVE THE DATE!

JOIN US FOR OUR GRAND CRESTWOOD SUMMER FAIR

 Date: 12 July, 2025

 Time: 1-4pm (Vendors welcome from 11am)

 Location: Crestwood Community School, Shakespeare Road, Eastleigh, SO50 4FZ

We are currently inviting stallholders to take part! If you'd like to have a stall to showcase your products or services, please get in touch on: [summerfair@crestwood.hants.sch.uk](mailto:summerfair@crestwood.hants.sch.uk)

Whether you're a small business, a crafter, or someone with unique summer goodies to sell, this is a fantastic opportunity to showcase your creations to the community. Mark your calendars and join us for a day full of sunshine, fun, and fantastic finds. More details to follow—stay tuned!



*Saint*  
**PATRICK'S**  
☘ **DAY** ☘

**MONDAY 17TH MARCH**

Celebrate St. Patrick's day  
with some traditional  
Irish recipes





# Happy Easter



Hop over to the canteen  
for some eggcellent  
treats available throughout  
April

